

ལྷོ་ལྗོངས་འབྲུག་གི་གཙུག་ལག་སློབ་གཉེན་ཁང་། སྤར་རྒྱལ། ལྷ་རྩེ་ཆེན་མོ།

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འཚོ་བྱེད་སློབ་རམས་པ་ (MD) དང་གསོ་དཔུང་སློབ་རམས་པ་ (MS) གཉིས་ཀྱི་གཞི་རིམ་གྱི་
དགོས་མཁོ་དང་སློབ་ཚན་སོགས་ཀྱི་སློབ་གཞིའི་ཡིག་ཆ།

REGULATIONS AND SYLLABUS FOR THE POST GRADUATE DEGREE COURSE
(TSOJED "MENRAMPA", MD & SOJED "MENRAMPA", MS)
IN SOWA RIGPA

2009

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Regulation No. 01:- Preface

(A) **Introduction:** 'Tsojed Menrampa, (MD) & Sojed Menrampa (MS), is a Post Graduate degree course in Sowarigpa specializing in certain areas of study which the candidate shall be awarded the degree.

(B) **Aims & Objective of the Course.**

The Aims and Objectives of the Post Graduate degree (PG) Course in Sowarigpa are:

1. To orient students into specialities and to produce competent, efficient scholars, specialists, teachers, clinicians, researchers and experts in the respective fields of specialization.
2. To benefit all sentient beings in general and particularly enrich the health and well being of the human kind.
3. To preserve, promote and further develop the rich tradition of Sowarigpa.

Regulation No. 02:- Specialities in which Post Graduate degree can be awarded.

(A) The Students of the Post Graduate degree course will be required to study the respective subjects he/she has chosen or allotted. The student will also required to perform comparative, all the applied practical and analytical study with other disciplines using Sowarigpa as the basic subject of study throughout the course.

(B) Following are the areas of specialization a student can pursue in the PG Course:-

1. gSo Wa Rig Pa' gZhi rTsa' lTaGrub(Fundamentals/BasicPrinciples).
2. Rota (Human Anatomy)
3. Lu sKyi gNes Lugs (Human Physiology)
4. gSo Thabs (General Medicine)
5. Byis Pa Dang Mo Nad (Paediatrics & Gynaecology)
6. Sems Khams Rig Pa (Human Psychology and Psychiatry)
7. brTag Thabs (Pathology)
8. sByor Wa sMen (Pharmacology)
9. 'Jam rTsub dPyad (Surgery)
10. Tha Mal Nad Med (Preventive Medicine)

Regulation No. 03:- The University shall award the degree of 'Tsojed Menrampa, (MD) & Sojed Menrampa (MS), in any of the following areas:

1. gSo Wa Rig Pa' gZhi rTsa' ITa Grub (Fundamentals/Basic Principles of Sowarigpa), MD.
2. Rota (Human Anatomy), MD
3. Lu sKyig Nes Lugs (Human Physiology), MD.
4. gSo Thabs (General Medicine), MD.
5. Byis Pa Dang Mo Nad (Paediatrics & Gynaecology), MD.
6. Sems Khams Rig Pa (Human Psychology and Psychiatry), MD.
7. brTag Thabs (Pathology), MD.
8. sByor Wa sMen (Pharmacology), MD.
9. 'Jam rTsub dPyad (Surgery), MS.
10. Tha Mal Nad Med (Preventive Medicine), MD.

Regulation No.04:- Admission Eligibility

- (A) Those who have obtained Kacupa (BTMS) degree in Sowarigpa of a University/Statutory body included in the CCIM or CCTM act.
- (B) A certificate indicating one year full time/compulsory completion of internship.
- (C) Only Vice chancellor of the University has authorized to decide very exceptional case backed by the admission committee. But he/she requires necessary/equivalent degree.

Regulation No.05:- Mode of Admission

- (A) Admission Notice for the number of seats and eligibility of the candidate shall be advertised three months in advance.
- (B) Screening and selection of the candidate shall be conducted by an admission committee consisting of following members:
 1. Dean, Faculty of TMSA Chairman
 2. One Head of Department Member
 3. One Expert of a PG Institute Member
 4. One Expert the respective Speciality Member
 5. One Research Expert Member
- (C) The Admission Committee shall have the following functions:
 - (i) To examine the applications of applicants for eligibility and otherwise for admission test.
 - (ii) To decide the details of written test and prepare results.
 - (iii) To submit the overall result of candidates to higher authority for assessment.
 - (iv) Further to execute all the necessary formalities involved in the admission test and any decision of theirs shall be considered final.
- (D) Those who fulfill the eligibility criteria shall have to appear for an admission test which would comprise a written and an interview.
 - i) Theory Paper: Objective type Question paper on the General Concepts of Sowarigpa. 75 marks

- ii) An interview on the candidates' chosen Subject and on the general/different components of Sowarigpa. 25 marks
 - iii) The duration of the test shall be 1.30 hrs.
- (E) Candidates appearing for the admission test shall have to obtain 50% as the passing mark else they shall be considered as fail. But as of the SC/ST/OBC candidate, on production of the respective certificate shall be relaxed to 45% as passing mark. However, 22.% seat shall be reserved from the overall seats for the SC/ST category.
- (F) No candidate who is in the governmental and private firms is allowed to avail the facility of this course. In any of the speciality courses either chosen/allotted, no candidate shall ever consider the concerned course as part time course. Thus, he/she shall undertake extensive study and research into the subject.
- (G) The applicant can get the application form from the University Office on remitting Rs. 500/-as application fee. The completely filled out form should be submitted/addressed to the Registrar's Office of the University before the due date.
- (H) Every year, the maximum seats for the Post Graduate course shall not be more than 10 and all shall be selected on the basis of merit list based on the admission tests. In the event of more candidates on the same speciality, the priority will be given to those who have graduated from this University with five marks. All selection shall be decided on merit basis. If two candidates are of equal marks in the admission test, then the selection shall be made on the basis of certificates, mark sheets of the latest examination.
- (I) Generally, there shall be only ten seats total in each year however on consideration / approval of the Vice Chancellor or concerned authority, two seats at the maximum shall be provided for those candidates who are sponsored by other government or non-government agencies. But other admission procedures shall be followed as it is.

Regulation No. 06:- ACADEMIC SESSION AND STUDY PERIOD

- (A) Every year, the academic session of the Post Graduate degree course shall be conducted in the month of July and if delayed due to any reason shall be commenced not later than September of the same year. However, in the event of delay in starting the session within the prescribed months, then it shall be considered that the PG course is cancelled for the concerned year.
- (B) After the admission, the candidates shall have to devote three consecutive years for the PG course study.

Regulation No.07:- STUDY SCHEDULE

- (A) Preliminary year
- (i) In the first year, the student is required to attend two classes per week, on his/her speciality class. Classes shall be Lecture-cum-discussion.
 - (ii) There shall be three classes per week, on Research methodology and statistics.
 - (iii) Thus in total they shall be required to attend five classes of one hour lectures per week for all the disciplines.

- (iv) At the same time, they are required to prepare a Synopsis for thesis on the respective subjects chosen/allotted by the experts/supervisor.
 - (v) There shall be five classes on advance aspect of the different disciplines to have broad overview of the system.
- (C) During the next two years, the students are required to devote full time on their subjects of speciality and complete their research work on the submitted synopsis. But they have to follow Section A, B & C of the Regulation No.8.

Regulation No. 08:- Research Methodology

- (A) The students will be required to attend indoor and outdoor section of the hospital at least 8hrs/day as part of their practical training in the respective specialities. But in case of Section C of this regulation, when the concerned student is consulting experts and other out-campus approved study tour, this regulation will not be applicable.
- (B) They are required to take at least 60 lectures per year on his/her speciality subject for the undergraduate classes.
- (C) Workshop attendance and Study tour are as follows
 - (i) They shall have to consult experts and scholars
 - (ii) To attend official and unofficial research tour
 - (iii) Study tour for material finding
 - (iv) To attend workshops, seminars and conferences.
 - (v) For the above purpose, concerned student shall have to obtain approval so that they can proceed and report to the concerned authority after their academic tour.
- (D) They will have to consult experts and scholars on his subjects and participate in the study tour and search documents from other outsourcings.
- (E) The candidates shall do three years of extensive study and research on the speciality subject chosen/allotted and is not allowed to change the subject at any point of time after the submission of the synopsis.
- (F) No candidate will be allowed to keep a break during the entire three year study of the PG course.
- (G) In the event of leaving the course in the middle of the study period, the candidate is required to refund all the expenditures given to him/her.

Regulation No. 09:- MEDIUM OF INSTRUCTION

The medium of instruction of the Post Graduate degree in Sowarigpa shall be Tibetan. But the thesis can be submitted either in Tibetan or in English.

Regulation No. 10:- EXAMINATION PATTERN

- (A) The Examination Department of the University shall supervise, perform and fix the entire formality of term end examination pattern of the PG degree Course.

(B) For the Preliminary year, there shall be four written papers and one practical examination for the chosen/allotted Speciality subject as per the scheduled mentioned below. For the final year, there shall be four written papers, one practical examination for each speciality and a compulsory paper on Zab Mo' Nyam Len (Profound spiritual Practice). The duration of the written examination shall be 3 hrs in each paper.

(C) FIRST YEAR

1. Research Methodhology and Statistics 100marks.
2. Zab Mo' Nyam Len 100 marks
3. Respective Subject Paper I 100 marks
4. Advance general Paper II 100 marks
5. Practical(Base on 4 papers) 100 marks
6. Submission of Synopsis and assessment by DRC should be done at least within one month after the admission of the candidate. Concerned department shall constitute a Departmental Research Committee (DRC), and DRC shall evaluate and interview the candidate on the Synopsis submitted. In case of rejection of the synopsis by DRC, then the candidate shall asked to resubmit the synopsis, then it will review again by the DRC, in case of rejection in second time he/she will not allow to pursue further for the study.

SECOND YEAR

The Second year shall be considered as an integral year with the final year, thus, there shall not be any written examination in the second year.

THIRD YEAR

1. After submission of thesis and assessment, the above Departmental Research Committee shall perform the evaluation and interview on the thesis submitted. In case of rejection of thesis, or non receiving the evaluation report of thesis, the student will not allowed to sit for the final examination.
2. **Zab Mo Nyam Len (Profound Spiritual Practice)**
 1. The series of Spiritual Practice subject shall be studied and practiced compulsorily irrespective of any speciality chosen/allotted shown below.
 2. Final Year Examination
 - A. dNgos gZhi' sKyed rZogs 50 marks
 - B. dNgos gZhi' sKyed rZogs Kyi Nyam Len 50 marks
3. There shall be four written papers and one practical examination on the speciality subject as follows:-
 - A. Fundamentals/Basic principles of Sowarigpa.
 1. Lo rGyus 100 marks
 2. lTa Grub 100 marks
 3. sMen Pai Bya gZag 100 marks
 4. gSo Rig gZhi Lam 'Bras gSum 100marks
 5. Lag Len 100 marks
 - B. Rota (Human Anatomy)
 1. Ro bKra' rNam gZhag 100 marks
 2. Lus Kyi Chag Tsul Dang 'Dra dPe 100 marks

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3. Lus Kyi mTsen Nyid	100 marks
4. Lus 'Jig Tsul	100 marks
5. Lag Len	100 marks
C. Lu sKyig Nes Lugs (Human Physiology)	
1. lDang Tsed	100 marks
2. 'Brel Pa rTsa	100 marks
3. gNyen Pa gNad	100 marks
4. rGyu Lam Bu Ga	100 marks
5. Lag Len	100 marks
D. gSo Thabs (General Medicine)	
1. Nyes Pa gSum Dang Khong Nad gSo Thabs	100 marks
2. Tsa Wa Dang gNyen Rims gSo Thabs	100 marks
3. dBang Po Dang Don sNod gSo Thabs	100 marks
4. Thor Nad Dang lHan sKyes gSo Thabs	100 marks
5. Lag Len	100 marks
E. Byis Pa Dang Mo Nad gSo Thabs (Pediatrics & Gynecology)	
1. Mo Nad sPyi Bye Brag Gig So Thabs	100 marks
2. Mo Nad Phal P'I gSo Thabs	100 marks
3. Byis Pa gSo Thabs	100 marks
4. gSang Nad gSo Thabs	100 marks
5. Laglen	100 marks
F. Sems Khams Rig Pa (Human Psychology and Psychiatry)	
1. Sems Khams sPyi' rnam gZhag	100 marks
2. 'Byung gDon gSo Thabs	100 marks
3. sMyo Byed Dang bRjed gSo Thabs	100 marks
4. gZa' Dang Klu gDon gSo Thabss	100 marks
5. Lag Len	100 marks
G. brTag Thabs (Pathology)	
1. rTsa' bRtag Thabs	100 marks
2. Chu' bRtag Thabs	100 marks
3. Phyi Yul Gyi bRtag Pa	100 marks
4. gSo Tsul	100 marks
5. Lag Len	100 marks
H. sByor Wa sMen (Pharmacology)	
1. sByor Was Men Gyi Ro Nus Yon Tan	100 marks
2. Rin Cen gTer sMen	100 marks
3. sKyes dNgos rTsi Shing	100 marks
4. bDud rTsi sMen sGrub	100 marks
5. Lag Len	100 marks
I. 'Jam rTsub dPyad (Surgery)	
1. dPyad Kyi lTa Grub	100 marks
2. dPyad Kyi Cho Ga	100 marks
3. Thor Bu' dPyad	100 marks
4. gLo Bur Dang lHan sKyes rMa	100 marks
5. Lag Len	100 marks
J..Tha Mal Nad Med (Preventive Medicine)	
1. sGom Dang sByong Nus Pa sNgags	100 marks
2. Zas Dang sPyod Lam	100 marks

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| 3. sNum 'Chos | 100 marks |
| 4. bCud Len Dang Ro Tsa | 100 marks |
| 5. Lag Len | 100 marks |
4. All other related medical systems must be study contemporary, including scientific Knowledge for all the respective subject.
5. To be eligible for the final examination, the student should have attended 85 percent of the lectures. Besides, they have to take classes for the undergraduates, attend patients as Junior/ Senior Resident, participate in study tours, attend workshops, seminars and conferences as per the regulations amended. Also for authentication, the concerned attendance certificates needs to be attested from the concerned organizers/authorities.

Regulation No. 11:-EXAMINATION TIME

The final examination of the Post Graduate degree course shall be held in the month of May and not later than July. Five copies of the Thesis along with the Synopsis submitted earlier should be submitted to the examination department for assessment six months before the commencement of final examinations which will be send to two experts, one internal and one external expert for evaluation.

Regulation No. 12:- THESIS

- (A) Thesis on the speciality subject worked out for two consecutive years must be submitted for unanimous approval from the examiners six months prior to the final year examination. Finally, an interview will be conducted by the examiners as a part of practical viva voce examination on the thesis.
- (B) The type written thesis shall not exceed 300 pages.
- (i) The Cover of the Thesis shall have the emblem of the University and name of the concerned department, Name and designation of the Supervisor and year of submission.
- (ii) Diagrams, Charts, Photographs and bibliography shall be included in the said 300 pages.
- (C) Approved thesis shall become the property of the University and the University will reserve the copyright to publish.

Regulation No. 13:- VACATION AND LEAVE

- (A) In a year, a student shall have 30 days leave, 40 days of maternity leave in case of female candidate, but not more than once in a tenure of study.
- (B) Those on leave for study tour and participation to workshops and seminars shall not be considered as duty leave if it is sanctioned by the competent authority.

Regulation No. 14:- STIPEND

- (A) The University shall regulate the monthly stipend for the student from time to time.
- (B) Fees Schedule:-
The students are required to pay the schedule of fees as follows:-
- (i) Enrollment fee Rs. 200.00

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| (ii) | Registration fee | Rs. 100.00 |
| (iii) | Examination fee for the first year | Rs. 500.00 |
| (iv) | Examination fee for final year | Rs. 900.00 |
| (vi) | Thesis fee | Rs. 1000.00 |
| (vii) | Mark sheet fee | Rs. 100.00 |
- (C) Graduates from the University will be exempted from paying the enrollment fee.
- (D) Above fee structure is subject to change from time to time as per the decision of the university authorities.
- (E) Those who meet their own expenses or sponsored candidates shall have to pay the fees as specified above.

Regulation No. 15:- AWARD OF DEGREE

Candidates who have successfully completed the course in the final year examination shall be awarded the degree of 'Tsojed Menrampa (MD) or Sojed Menrampa (MS) at the succeeding convocation of the University.
