## Session Theme: Materia Medica and its Challenges

### སྡེབ། སྨན་རྩྭ་དང་དེའི་དཀའ་གནད་སྐོར།


**Topic:** Importance of Conservation of Cold Desert Medicinal Plants in Ladakh — 31 — PS18
**Speaker:** *Dr. Padma Gurmet*
**Topic:** Materia Medica of Tibetan Medicine: Diversity, Identification and Classification and the Method of Quality Analysis — 32 — PS19
**Speaker:** *Dr. Tsultrim Kalsang* (Tibetan version) — 82
**Topic:** Climate Change and its Effect to the Medicinal Plants — 36 — PS25
**Speaker:** *Dr. Tsultrim Kalsang* (Tibetan version) — 86


## Session Theme: Hands on Practical Training

### སྡེབ། ལག་ལེན་དམར་འཛིན།


**Topic:** Sowa-Rigpa: Significance of External Therapies — 51 — PW1
**Speaker:** *Dr. Dorjee Rapten Neshar*
**Topic:** Sowa-Rigpa: Practice of *Yugkcho* Therapy — 52 — PW2
**Speaker:** *Dr. Nida Chenagtsang*
**Topic:** Sowa Rigpa: Practice of *Ku-Nye* Therapy — 52 — PW3
**Speaker:** *Dr. Tsultrim Kalsang*
**Topic:** Sowa-Rigpa: Practice of *Kyug* Therapy — 53 — PW4
**Speaker:** *Dr. Tenzin Jinpa* (Tibetan version) — 87
**Topic:** Sowa Rigpa: Practice of *Dhug* Therapy — 54 — PW5
**Speaker:** *Dr. Tsultrim Kalsang*


## Paper Presentation

### རྩོམ་ཡིག་སྤྲོག་སྤྱད།

### In English Language


**Topic:** Historical Background for Tibetan Medical System in the Republic of Tuva (Russian Federation) — 39 — PP1
**Presenter:** *Galina B. Kopeliovich, L.A.Pavlova*
**Topic:** Treatment of People Infected with Chronic Hepatitis B + Delta with Tibetan Herbal Pills — 40 — PP2
**Presenter:** *A. Saryglar and D. Uvanchaa (Sherchin-emchi)*
**Topic:** Fibromyalgia in Sowa Rigpa — 41 — PP3
**Presenter:** *Nashalla Gwyn Nyinda Menpa*
**Topic:** Traditional Tibetan Medicine as an Ancient Personalized Medicine and its Relevance in the Modern World — 42 — PP4
**Presenter:** *MD Yulia Yusipova*
**Topic:** Philosophy of Healing Tradition in Tibet (c.617 A.D - c.785 A.D) — 43 — PP5
**Presenter:** *Dr. Asrarul Haque (MD)*
**Topic:** From Hidden Fever to Silent Inflammation: Translating Concepts — 43 — PP6
**Presenter:** *Dr. Med Cecile Vennos*
**Topic:** Tibetan Medicine in the Era of Tsarist Russia — 44 — PP7
**Presenter:** *Svetlana Chojinimayeva*
**Topic:** Tibetan Buddhist Tradition and Neuro-Biology — 49 — PP13
**Presenter:** *Prof. Arun Kumar Jha and Mrs. Sudha Jha*


### In Tibetan Language


**Topic:** ཆེ་ཡི་རིག་བྱེད་ལས་གསུངས་པའི་ཟས་ཀྱི་ཡོན་ཏན་གསུམ་སྐོར་གསོ་བ་རིག་པ་དང་འབྲེལ་ནས་ཆ་ཚོམ་དབྱད་པ། — 45 — PP8
**Presenter:** *Dr. Jigme Migyure (Menrampa)*
**Topic:** བོད་ཀྱི་སྐྱབ་རྒྱས་ལས་འཕྲོས་པའི་མིའི་ཚུལ་སྟོན་སྐོར། — 46 — PP9
**Presenter:** *Gyashod Yudrung Tashi*
**Topic:** པི་ཏིའི་ཤུ་ཀི་ཀ་སེར་ལས་འཕྲོས་པའི་དབྱར་བཅོས་རིག་པའི་འཛེལ་རིམ་ཆུང་ཟད་གླེང་བ། — 47 — PP10
**Presenter:** *Kunkhen*
**Topic:** ཚ་ཆེས་པའི་ས་ཁོངས་དང་རོས་འཛིན་སྐོར་ལ་བསྟར་དུ་དབྱད་པ། — 48 — PP11
**Presenter:** *Wangal Dorjee*
**Topic:** སྐྱོང་བྱེད་ལས་ལྷ་སྲིན་དང་བྱེ་བག་ཏུ་སྐ་ཆོས་སྐོར་དབྱད་པ། — 48 — PP12
**Presenter:** *Dr. Sonam Palmo*
**Topic:** བོད་ལུགས་གསོ་རིག་གི་གཏན་གཞི་ལས་ཀུ་སུ་ལྷན་དང་ཚན་རིག་གི་དབྱད་དགོ། — 50 — PP14
**Presenter:** *Ala Kalsang Kyab and Rinchen Dolma*


Plenary Lecture (PL) – 6 — Parallel Session (PS) –28
Paper Presentation (PP) – 14 — Practical Workshop (PW) – 5

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## ༣༥། རྒྱལ་སྤྱིའི་བོད་ཀྱི་གསོ་བ་རིག་པའི་བསྟོད་གཏམ་ཆེན་ཐོག་ཉིན་གསུམ་པ།།

# 3rd INTERNATIONAL CONFERENCE ON SOWA-RIGPA
## (TIBETAN MEDICINE)

**Date - 25th Feb. to 1st Mar. 2018**

**Venue - CIHTS, Sarnath,**
**Varanasi (UP) INDIA**

**Jointly Organized by:**

བོད་ཀྱི་གསོ་བ་རིག་པའི་ལྷན་ཚོགས།
CCTM Dharamsala

ཕྱི་རྒྱལ་གསོ་བོད་ཀྱི་གཙུག་ལག་སློབ་གཉེར་ཁང་གི་གསོ་རིག་སྦྱི་ཚན།
DSR of CIHTS Varanasi

ཡུལ་སོ་ངེ་དབྱེ་རྩེ་བོད་སྨན་སློབ་གཉེར་ཁང་།
CTMI Darjeeling

## Session Theme: Glimpse into The Three Great Medical Systems of Asia
## སྒྲན། གསོ་དཔག་ལོ་རྒྱས་ལས་འཕྲོས་བའི་ཐུགས་ཆེན་གསུམ་ཀྱི་སྐོར།


**Topic:** Ayurveda: Knowledge from Home to Hospital 17 PL1
**Speaker:** *Dr. Shiv Ji Gupta*
**Topic:** Traditional Chinese Medicine: Antidotes from History to Present 18 PL1
**Speaker:** *Dr. Edward Yap*
**Topic:** Sowa-Rigpa: Healing from Physical to Spiritual 18 PL1
**Speaker:** *Dr. Lobsang Tenzin Rakdho* (Tibetan version) 77
**Topic:** Education, Practice and Research in Ayurveda: Evolutionary Development and Future Challenges 19 PL2
**Speaker:** *Dr. (Prof.) Sanjeev Rastogi*
**Topic:** The Evolutional Development of Traditional Chinese Medicine: Challenges, Training, Practice, Research and Future Development 19 PL3
**Speaker:** *Dr. Edward Yap*
**Topic:** The Evolutional Development of Unani Medicine: Education, Practice, Research, Future Development and Challenges 20 PL4
**Speaker:** *Dr. (Prof.) Rais-Ur-Rahman*


## Session Theme: Present Status of Sowa-Rigpa in Asian Countries
## སྒྲན། ད་ལྟའི་ཨེ་ཤི་ཡའི་ནང་དུ་གསོ་བ་རིག་པའི་གནས་བབས།


**Topic:** Development of Sowa Rigpa in Bhutan through Research 22 PS2
**Speaker:** *Mr Sherab Tenzin*
**Topic:** Sowa-Rigpa: Status in Russia and Role of Dr. Alexander Badmavev 23 PS3
**Speaker:** *Ms Oyuuna S. Rinchinova*
Co-author-*Tsymzhit P. Vanchikova*
**Topic:** Sowa-Rigpa in Asia: A Quantitative Overview 24 PS6
**Speaker:** *Stephan Kloos*
**Topic:** Sowa-Rigpa: Historical Background and Current Status in Mongolia 37 PS26
**Speaker:** *Dr. Ganzorig Dawaa-Ochir* (Tibetan version) 79
**Topic:** Sowa-Rigpa; Legal Status in Nepal 27 PS13
**Speaker:** *Dr. Nyima Tsering* (Tibetan version) 80


## Session Theme: Clinical Management of Somatic Disorders
## སྒྲན། ལུས་ཀྱི་ནད་བཅོས་སྐོར།


**Topic:** Sowa-Rigpa: Knowing Cancer and its Important Parameters 20 PL5
**Speaker:** *Dr. Dorjee Rapten Neshar* (Tibetan version) 77
**Topic:** Sowa-Rigpa: Understanding Auto Immune Disease 25 PS10
**Speaker:** *Dr. Dorjee Rapten Neshar* (Tibetan version) 81
**Topic:** The Prevalent Diseases in the Tibetan Exile Community in India 29 PS15
**Speaker:** *Dr. Lodoe Phuntsok*
**Topic:** The Management of Malposition and Malpresentation of Fetus (Through Sowa-Rigpa and Modern Medicine) 34 PS22
**Speaker:** *Dr. Passang Dolma, MD* (Tibetan version) 84


## Session Theme: Clinical Management of Psychological Disorders
## སྒྲན། སེམས་ནད་བཅོས་བའི་སྐོར།


**Topic:** Role of Philosophy in Palliative Care (Breakdown of Body and Transference of Consciousness) 25 PS8
**Speaker:** *Ven. Dolpo Tulku Rinpoche* (Tibetan version) 79
**Topic:** Importance of Mental Health 25 PS9
**Speaker:** *Ven. Dolpo Tulku Rinpoche* (Tibetan version) 80
**Topic:** Art of Stress Management in Tibetan Medicine 29 PS16
**Speaker:** *Dr. Thinles Yangjor*
**Topic:** Management of Psychological Disorders According to *Bum-bZhi* Text 34 PS23
**Speaker:** *Dr. Passang Topchen* (Tibetan version) 85


## Session Theme: Pharmaceutics and Research
## སྒྲན་སྨྱོར་དང་ཉམས་ཞིབ།


**Topic:** Sowa-Rigpa: Drug Research, its Scope and Challenges 24 PS5
**Speaker:** *Tenzin Choedon*
**Topic:** Molecular Insights into the Anti-Cancer Properties of Traditional Tibetan Medicine *Yukyung Karne* 26 PS11
**Speaker:** *Tenzin Choedon*
**Topic:** Sowa-Rigpa: Its Development in Modern Pharmaceutics (Action Profiles of Tibetan Formulas) 27 PS12
**Speaker:** *Herbert Schwabl*
**Topic:** Sowa-Rigpa Literature in *bsTan'Gyur* 37 PS27
**Speaker:** *Dr. Dorjee Damdul* (Tibetan version) 78
**Topic:** Acharya Vāgbhata and Astangh Hridyam 28 PS14
**Speaker**: *Dr. Akhilesh Kumar Singh*
**Topic:** Practical Application of Sowa-Rigpa Pharmaceuticals 33 PS20
**Speaker:** *Dr. Dorjee Damdul* (Tibetan version) 83


## Session Theme: Advance Sowa-Rigpa Practice
## སྒྲན། གསོ་དཔག་ཟབ་ལམ་སྐོར།


**Topic:** Sowa-Rigpa: *sMen-Drub* and its Significance Hand-out PS7
**Speaker:** *Ven. Geshe Lharampa Jadho Rinpoche*
**Topic:** The Knowledge and its Elemental Theory of Illness Reading (*Nad-rTsi*) in Tibetan Astrology 35 PS24
**Speaker:** *Dr. Jampa Chophel* (Tibetan version) 85
**Topic:** Sowa-Rigpa: *Yuthog Nyingthig* and its Significance to its Practitioner 38 PS28
**Speaker:** *Dr. Nida Chenagtsang*


## Session Theme: Medico-Legal Issues
## སྒྲན། སྨན་དང་འཚེལ་བའི་ཁྲིམས་སྡེབ་སྐོར།


**Topic:** CCIM Acts and Regulation on Sowa-Rigpa PL6
**Speaker:** *Dr K. Natrajan* (Secretary CCIM)
**Topic:** Regulation and Quality Control of Ayurvedic, Siddha, Unani and Homeopathic Drugs 22 PS1
**Speaker:** *Dr. D.C. Katoch*
**Topic:** Use of Mercury as Medicine and its Legal Challenges 30 PS17
**Speaker:** *Dr. (Prof.) Anand Kumar Chaudhary*
**Topic:** Principles and Practical Application of Tibetan Medicine in a Western Context 33 PS21
**Speaker:** *Dr. Lobsang Tsultrim* (Tibetan version) 83
**Topic:** Prospects and Problems of Compliance to Good Manufacturing Practices in Indian Systems of Medicine 54 PS4
**Speaker:** *Dr. D.C. Katoch*